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Spring Beehive




In this issue...

PRESENTS →



Dear readers,

 Especially for you, we have prepared a summary of facts about our newspaper. Thus, dive into the world of the "Beehive" and buzz through the numbers that paint a picture of our vibrant journey!

- 2 years of the newspaper,
- 8 issues published, 4 per year
- 17 industrious and dedicated editors in total, who have contributed their skills and passions
- 147 articles across various genres, plus crossword puzzles, cross-outs, rebuses and even jokes! 😊
- 257 pages of journalism crafted with care and dedication to inform, entertain, and inspire you. 🎉

The longest newspaper was 48 pages and it was issue #6, the shortest was 11 pages, and it was issue #4. On average, there are 32 pages of thought-provoking, entertaining, and enlightening content per newspaper, and that's exactly as many as issue #5!

Thank you for being part of our journey. Here's many more pages, stories, and milestones awaiting! 🍷🍷

Yours truly,

The "Beehive" Team 

Benefits and disadvantages of online shopping

With every year passing by, many things get revolutionized, same thing happened to shopping. We can either shop conventionally - in the shop, or do some shopping online, but which one is better? Today we'll talk about the benefits and disadvantages of online shopping.

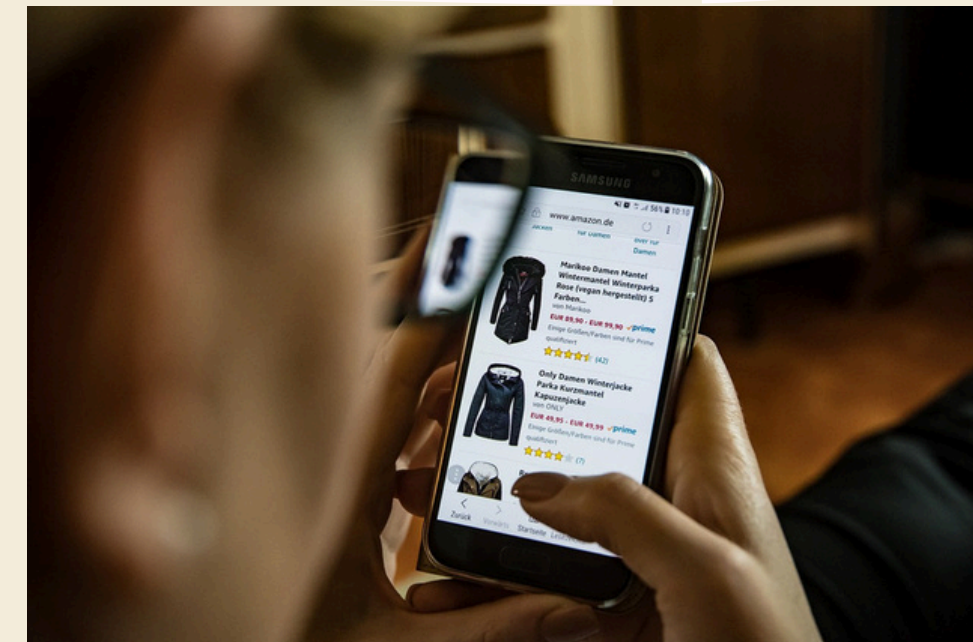
The first benefit of online shopping is that it is way more convenient, you can shop online anytime you want, no matter where you are or if you are already in your pajamas. There are no people, which means that there are no lines, so you can do your shopping in just minutes.

The second benefit of online shopping is that the prices online are often cheaper than in-store prices. Why is it that way? Well, online shops often have better prices because the products often come straight from the manufacturer, so there's minimal margin. You also often get online discounts and coupons, which you don't get so often if you shop in the conventional way.

The third and last benefit of online shopping which we'll talk about today is variety. The choices you get online are almost unlimited. You can shop any brand or item while not getting out of bed, no matter if you're ordering from another part of the world. Geography is not the limit in this case.

Now that we talked about some benefits, let's talk about the downsides - in other words - the disadvantages of online shopping. The first disadvantage is that together with all the convenience of shopping online there also comes a higher risk of fraud such as credit card scams, hacking etc..

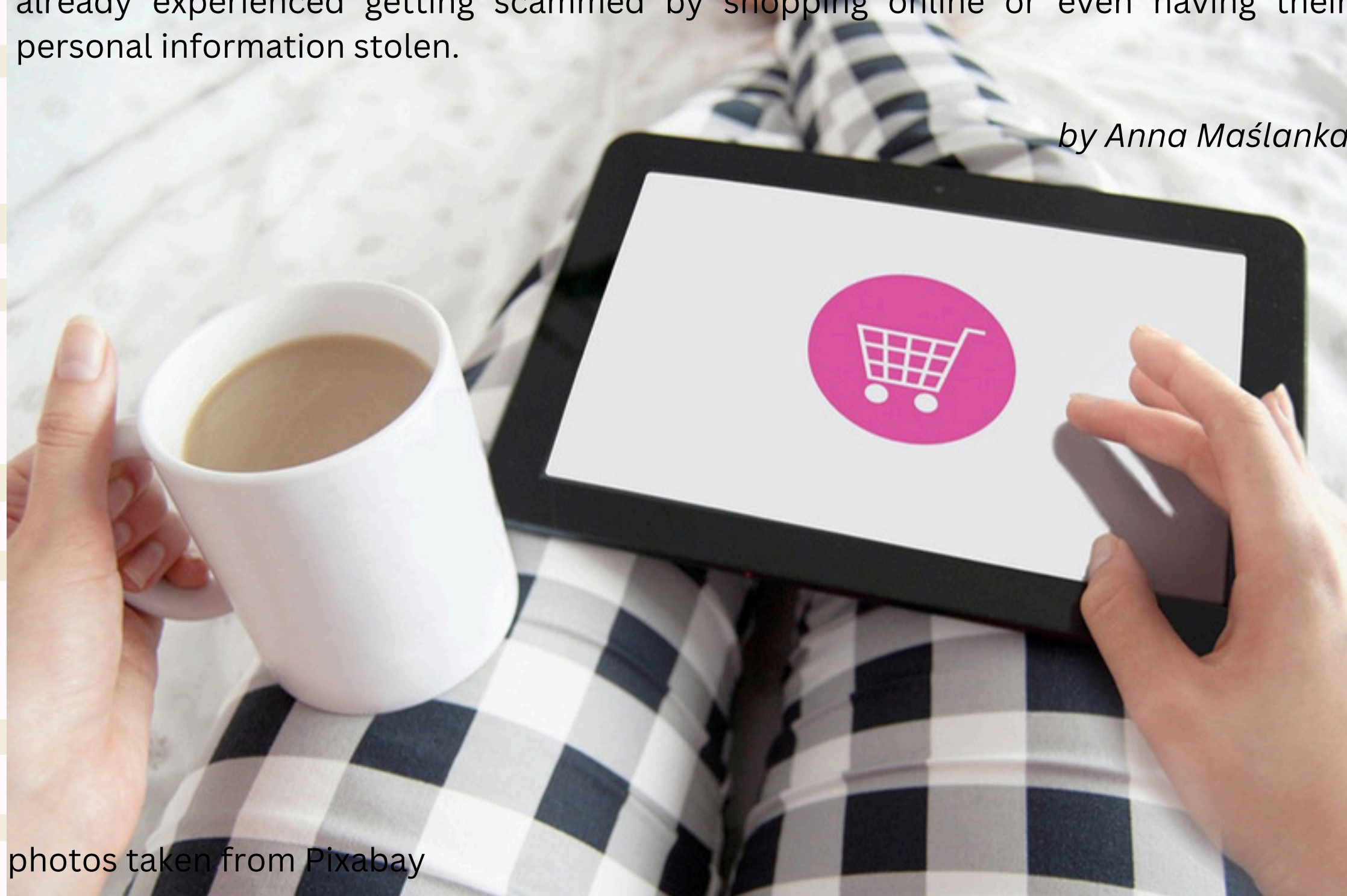
The second disadvantage is that you spend way too much time online, which can cause many health problems such as sleep problems, chronic back and neck pain, depression and anxiety. Shopping online can easily turn into an addiction if you spend way too much time there.



The third and last disadvantage of online shopping is that you cannot be sure if the item you ordered is gonna fit you, because the sizes online are often imprecise or even if it's gonna be a different product from what you ordered. There are many things that you can't determine online - for example, when we talk about clothes, these are things such as quality of the product, the cut, texture and way more.

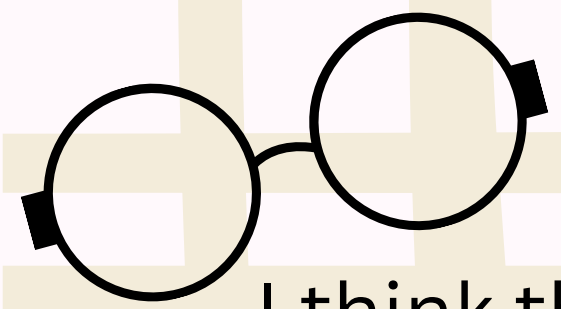
With all this being said, we all can agree that online shopping has many benefits, but it also comes with a bunch of disadvantages and problems. Many people have already experienced getting scammed by shopping online or even having their personal information stolen.

by Anna Maślanka

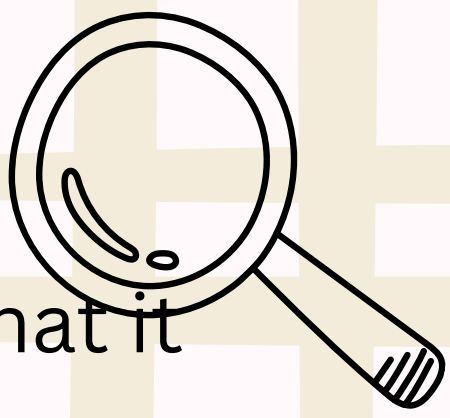


photos taken from Pixabay





Why should we read books?



I think that everyone has heard from our parents to go and read some books or that it would be better for us if we read more of them.

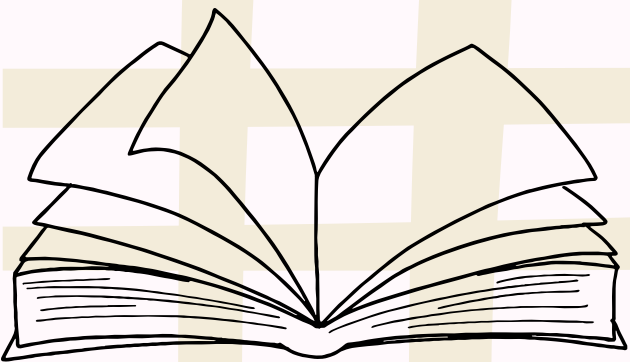
If you don't know the advantages of reading, here are 5 reasons why they are developing.

*Books are reducing stress.

By reading them you get engaged in a story or a plot, which makes you focus less on stressful aspects of life. It can calm your mind and let you reset after a tough day.

*They are developing.

Depending on which genre you are reading, if you choose books about personal development or something scientific, you will improve your knowledge. It's always better to know more about things or learn things from books. It will make you more wise.



*Books boost your imagination.

By reading books you are recreating the scenes/plot in your head trying to imagine them. At first it will be pretty hard to get your imagination to work but then it will get easier and easier. It makes your brain work which is also a very important thing.

*They make you more focused.

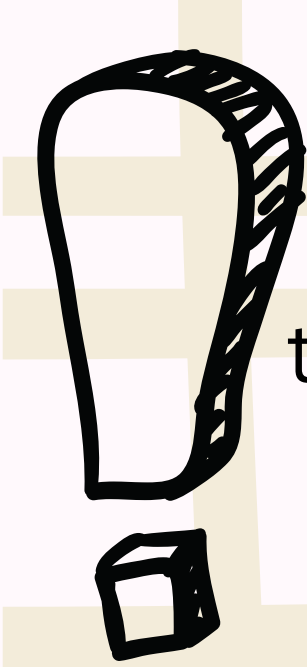
Reading makes you focus more on the text and words which makes you more focused and concentrated. So while studying, it is better to read notes or books because you will remember more than while listening to your teacher or a podcast.

*It improves your writing and talking.

Reading makes you discover new words that you haven't heard about. You can use these new words to make your statements or writings richer.

So there you have the advantages of reading. Do you feel more encouraged to read now or maybe you read books but didn't know about these facts?

by Martyna Ropel



A guide to crochet

What is crochet? Crocheting is a very relaxing form of art that has been around for centuries. It is one of the most popular yarn crafts (if not the most popular). I personally wouldn't say it's difficult, but it's definitely a bit tricky to start, especially if you want to start your crochet journey with **amigurumi**, which are crochet plushies.

To learn how to crochet I'd recommend to firstly learn how to hold your crochet hook to have the right tension.

Firstly, we'll talk about yarn, as there are many yarn types and sizes. From extra thin, small baby yarn to all the way to extra bulky wool. If you're a beginner I'd personally recommend using thicker yarn, as I find it easier to see the stitches which is important if you just started crocheting.



Of course you also need a crochet hook, which is also not a one-size-fits-all type of thing. For thinner yarns you use a smaller hook and the thicker the yarn is the more millimetres your hook should have. There are two ways of holding a hook - either as if you were holding a pen, or the way I prefer - how you hold a knife.

Some of the most basic stitches are: chain stitch, magic ring, single crochet and double crochet.



Today we will learn how to chain and single crochet.

To attach your yarn to the hook make a slip knot and put your hook in the loop, then tighten it so that it fits perfectly around it. Then we need to yarn over, which you do by looping the yarn over the hook clockwise, then pull the yarn over the loop that you have on your hook (the slip knot). Yarn over and pull through the loop as many times as you need to reach your desired length.



photos taken from Pixabay

The single crochet stitch

If you look at your work, you can see a bunch of small Vs, insert your hook into the V, then yarn over, pull through the V, yarn over again and pull through both loops on your hook. There you have your first single crochet, now just repeat the steps until you reach the end of your work, chain 1 and turn your work so that you can continue working on the other side of your work.

by Anna Maślanka

NORMALISATION



What is normalisation?

“Normalization (or normalisation) refers to a process that makes something more normal or regular. Most commonly it refers to: Normalization (sociology) or social normalization, the process through which ideas and behaviors that may fall outside of social norms come to be regarded as ‘normal’” - quote from wikipedia



source: pixbay



source: pixbay

This sort of phenomenon has been around for a long, long time. As of late many things have been normalised and or went through an attempt of normalisation. There are many things that should be normalised and many that shouldn't even be considered for such. Some things that have been normalised have been taken a bit too far (at least in my opinion.) Therefore, this is a really helpful thing, if used in the right way, however it doesn't always help to normalise something that wasn't normal for a long time and for a good reason.

One way this has been used wrongly or just taken a bit too far is the “love is love” slogan. Of course it is without a doubt a good thing to spread. No matter what skin colour you may have or if you are male or female, or what you believe in you should be able to love anyone. This is a really good thing; however, some people tend to take it a step further with age. You may see things like “age doesn’t matter” which is alright until you think about it for a bit.



In this day and age many things aren't normalised too, like prioritising yourself over others and being comfortable in your own skin. Yet these things, again can be taken a bit too far. Body positivity is being taken too far in some places for sure, whilst in others it's being shunned.

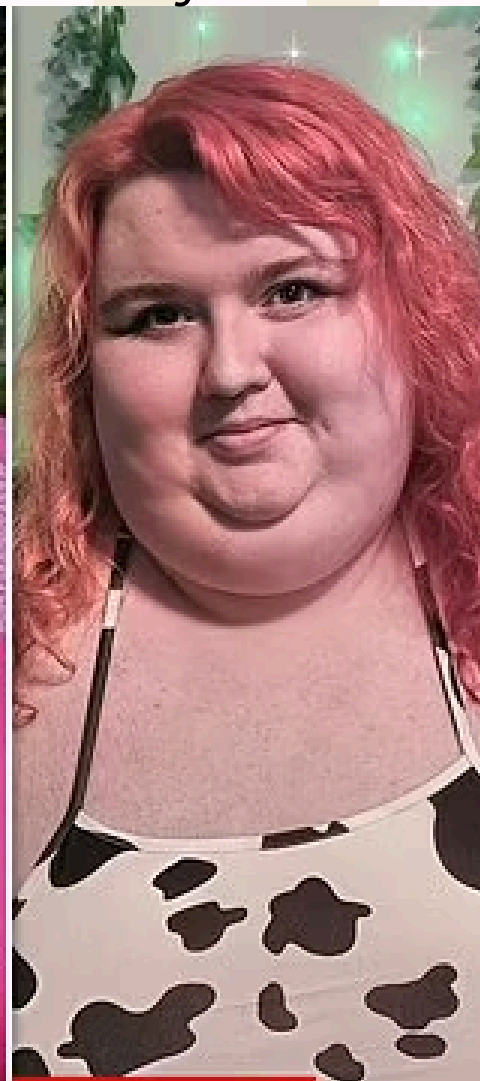
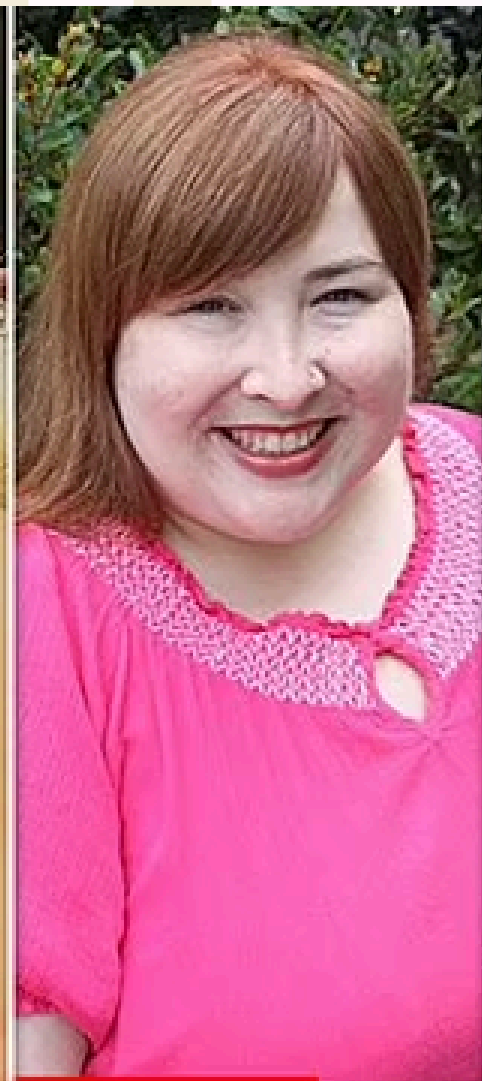
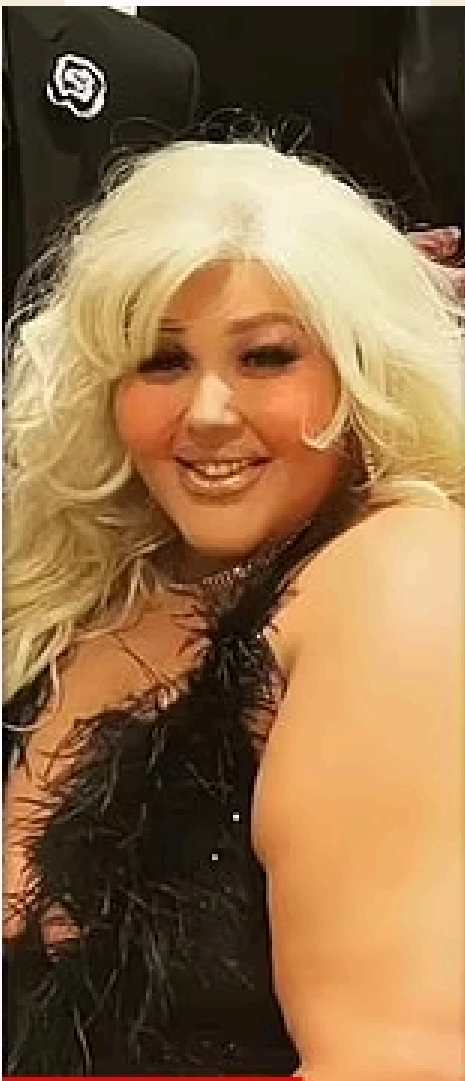


Body positivity is being taken too far with the “fat acceptance” movements. Don’t get me wrong, it is okay to be chubby and a bit fat but not straight up obese to the point of being forced onto a mobility scooter.

Things like that have had attempts at normalisation in the USA. On another note, a lot of the fat acceptance activists have passed away due to obesity related illnesses.

source: dailymail.co.uk

source: pixbay



I could go on and on about examples of how certain things should be normalised yet get taken a bit too far or how things that shouldn’t be normal are. The point is normalisation is a generally good thing, yet we must watch out for the things we put through that process so that society doesn’t collapse in on itself.

Thank you for reading!



How to learn a foreign language effectively



Learning a foreign language can be exciting if you approach it in the right way. In this article, you'll learn the best ways to effectively learn foreign languages.

Firstly, one of the most important parts of learning a foreign language is practising regularly. You can start by listening to music in the language you want to learn. Find your favourite songs and try to understand the words. If you don't understand something, you can always turn on the lyrics and translate them. This is a great way to get used to the language you want to learn. Another good idea is watching movies or TV shows in the foreign language. Turn on subtitles in the language you're learning. This will help you get used to how people speak and increase your vocabulary.

Secondly, another great way to effectively learn a foreign language is studying with a friend. Find someone who is learning the same language as you. Then, you can work together to improve your skills. You can ask each other questions. Studying with a friend regularly can bring you good results in a short time and increase your motivation to learn.

To sum up, remember that learning a foreign language is a journey that takes time, effort, and commitment. Don't get discouraged by difficulties, because every step forward will give you more confidence and the ability to communicate in a new language. Be consistent and have fun learning. You will definitely see results.



by Hubert Janicki





„Level Up!”



Five students of our school Łaszewska Amelia ,Głodowska Matylda , Weronika Marek , Dawid Zamorski ,Jakub Kwiatkowski and the principal Jan Stawicki received an invitation from the European Parliament to the "Level Up" event on April 11-13, 2024 during the European Youth Week 2024 (ETM) at the European Parliament in Brussels.

The aim of the event was to encourage young people to vote in local, government and European parliamentary elections. The event focused on emphasizing the role of youth in politics and drawing attention to the importance of youth.

Personally, during the "Level up" event, I had the opportunity to take part in, among others: "Your Journey to Become Politically Active" workshops conducted by Hannah Graham-European Parliament staff . The workshops encouraged me to be active in politics, despite my young age, during the workshops I had the opportunity to learn about various forms of being politically active. One of the tasks during the workshops was a simulation of creating your own political party, it allowed me to integrate with other participants of the event and learn about the perspectives of other young Europeans on what shape politics should take.

The next workshop I took part in was "How to Produce Your Video" led by journalist Mirko Paradison. The workshops allowed me to learn more about producing online content, fake news and journalism.



VOTE!

During a break from the workshops, I managed to visit the historic part of the city.

The next activity I took part in was a plenary session, which made the greatest impression on me. During the session I could listen to Mari Rodriguez Alcazar - leader of the European Youth Forum, Dragos Pislaru - MEP from Romania and Claudia Plakolm - Secretary of State for Youth at the Federal Chancellery of Austria, all guests emphasized how important it is to listen to young people in today's politics, both local and international and what it means to be in the European Union.

Participating in the plenary session and having the opportunity to sit in the seats where MEPs sit made the greatest impression on me and certainly made me remember this trip for a long time. Another element of the event that positively surprised me was meeting new people, which allowed me to test and make sure regarding the level of my English. I made many new friends with people from all over Europe, including: from Estonia, Spain and the Netherlands.

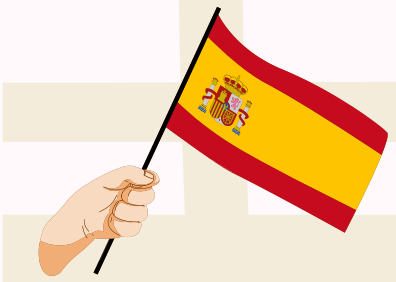


by Amelia
Łaszewska

International internships

„Hello! Greetings from sunny Spain.,,

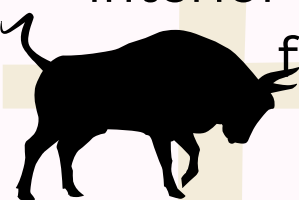
Since Wednesday, April 3, 2024, the group of students of our school has been staying at the 4-star Parasol by Dorobos Hotel in Torremolinos, a picturesque town on the outskirts of Malaga. On weekdays, they engage in internships, while in the afternoons and weekends, they explore beautiful Spain, experiencing firsthand the truth behind the saying that the Costa del Sol guarantees sunshine almost all year round. Experiencing wonderful weather and 25°C in April after bidding farewell to rain and snow at Gdansk Airport has been an exhilarating feeling. The trip for 19 students for vocational internships is fully funded by the European Union funds and the Erasmus+ program, implemented under the funds obtained in two projects: 2022-1-PL01-KA121-VET-000053534 and 2023-1-PL01-KA121-VET-000134844. The internships take place in Spanish companies, thanks to cooperation with the partner company Euromind. Programmers, IT specialists, logisticians, and hoteliers from Technical School No. 3 in Malbork have the opportunity to get to know European standards of their professions in companies in Malaga. It's a big challenge and a lot of new experiences, not only professional but also social and cultural. Every day, they use English, but they also improve their Spanish at work, in the hotel where they live, and during city trips.





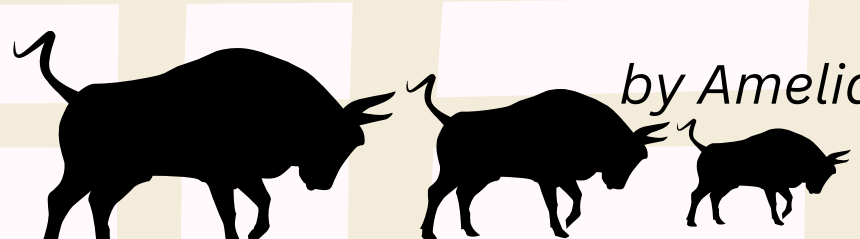
With just a few days behind them, the group has already had a multitude of experiences that make time fly by at an astonishing speed. On Friday after work, they managed to explore the charming Torremolinos, its lively streets, and the amazing views of the coast that can be admired by climbing the stairs to the town. Torremolinos bustles with life thanks to tourists staying in hotels, which, like their 4-star Parasol by Dorobos, are located along the promenade stretching along the beach and the sea. Although its population is less than 60,000, in the season this number increases significantly due to tourists visiting the region. For now, the streets are not crowded, so visiting small souvenir shops or charming stalls offering local ceramics is an extremely enjoyable experience for them.

They started their cultural impressions on Saturday with a trip to another country – yes, you read that correctly! On Saturday, they went on a trip to Gibraltar – an overseas territory of Great Britain. In this most densely populated piece of Europe, almost 4500 people live per 1 km²! The city was essentially a military fortress of the British for many years, so its military character is visible everywhere as they moved along the steep paths of the Upper Rock – a nature reserve located on the rock rising above the city and the sea to a height of 426 m. Unfortunately, the windy day prevented them from taking the cable car to the top, which was suspended, but thanks to the kindness of the park authorities, they were driven to the top by a small bus. They started with the magnificent St. Michael's Cave, where stalactites and stalagmites create extraordinary images, resembling angelic wings. The spectacle of light and sound enhances the experience and guarantees amazing impressions of the cave interior, which they admired with bated breath. Its main hall has extraordinary acoustics and is also used for musical concerts, for which it even has seats arranged in the shape of an auditorium. Their next goal was the Sky Walk, a glass terrace built on one of the platforms left over from artillery positions. If not for the slightly cloudy sky and fog, they would have had the opportunity to admire the African coast from it. The terrace is an attraction for people with strong nerves, but the views it presented were very pleasing to them. Another great attraction of the trip were the monkeys – the permanent residents of the Rock of Gibraltar. The Barbary macaques are the only wild monkey population in Europe. About 300 of them live in Gibraltar, although they are wild, they are accustomed to humans because of the tourists. Penalties starting at £500 are provided for feeding or harming the monkeys. They saw with their own eyes how carelessly they bask on the heated paths, jump on the fence, but also misbehave by climbing on passing taxis or people trying to approach them. The sight of monkeys up close in some of them evoked fear and apprehension, while others liked it, but they all remembered that they are wild animals, so caution should be exercised in their presence. Going down, they passed through the hanging Windsor Bridge, stretching over the abyss for over 70 m. From there, they were greeted with a climb to the Great Siege Tunnels – historical tunnels carved by the British in the 18th century and improved over the years. The interior of the rock hides almost 50 km of such tunnels, most of which were built during World War II to create a real defensive fortress from above. As they walked through the oldest of them, they admired the defensive cannons located in the embrasures.





The difficulty of building the tunnels, their number, and size made an amazing impression on them. Descending the steep steps to the town center onto the main street, Main Street, they were transported to Great Britain, which is present here in many symbols and well-known British brands whose shops are located along the main promenade. The street scene was enlivened by characteristic red telephone booths, mailboxes, British flags, and pubs, and among them were souvenir shops offering tourists branded alcohol, perfumes, cigarettes, and electronics, supposedly at lower prices because they are tax-free. Walking along the street, they had a bit of bad luck because due to a major power outage, the shops and restaurants were partially closed, and they were only opened after the fault was repaired, around 4:00 PM, just before their departure. Tired from the climb but full of smiles, they returned to the hotel for dinner, because tomorrow awaits them a new week of work and a summary with their tutor, Mrs. Karolina, but in a week, there will be another weekend and new experiences... for which they will go to the most Arabic of Spanish cities – Granada.



by Amelia Łaszewska



Meme culture



"actually..." 🧐

source:knowyourmeme.com



source:knowyourmeme.com

Yes, I write articles about memes, how could you tell?



meme made by me



meme made by me

“An Internet meme, or simply meme, is a cultural item (such as an idea, behaviour, or style) that is spread via the Internet, often through social media platforms. Internet memes can take various forms, such as images, videos, GIFs, and various other viral sensations.” - quote from wikipedia



Meme culture is a very unique and entertaining thing. Memes manifest themselves from many things such as politics, tv shows, history, ect. Memes connect many different people through a common ground of sorts. In this world that is filled to the brim with hatred it's a cool thing to keep your mind off from all the bad stuff happening around us with a few laughs.

Now where does the term “meme” exactly come from? The word “meme” was coined by Richard Dawkins in his 1976 book The Selfish Gene as an attempt to explain how aspects of culture replicate, mutate, and evolve.

picture of Richard Dawkins below.

source:wikipedia



meme made by me



source: knowyourmeme

The evolution of memes has become more warped over time. Memes have become more “baked” or “deep-fried” I personally find them funny but to the older generations they seem weird. Now at first memes were just funny images with simple text that had the “impact” font.

Meme's influence many different things from politics to big movies (like the sonic movie). In fact, the influence is so great that it can make a huge change, just like in the Sonic movie in which through the sheer pressure of memes (and a lot of bullying on twitter) the creators of the movie scrapped how the character used to originally look and hired a new character designer to make Sonic look less human and more like a hedgehog.

In summary, memes are a really fun and yet powerful tool to use that connects us all in one way or another in this hostile world. Thank you for reading!

source:knowyourmeme.com



Look how they massacred my boy.

comparison of Sonic before and after the change



source: radio times

Being more confident

Being more confident is something more than not being scared to talk to people. We can tell from the behaviour or just the look if someone is confident or shy.

Confidence is a key to success, social skills and living a good life with our body and mind.

How can we boost confidence?

First, it's time to set our goals. Is there anything that you are missing? Maybe you don't really feel comfortable in your body and you want to workout or maybe you need to improve your talking skills. Whatever it is, set your goals, write them down and search how to achieve them.

Then, we should get out of our comfort zone. If you are shy, just try to talk a bit more or engage in more discussions. It will be hard at the beginning but it will get better, you will get used to it. You can also show off your style step by step. You don't have to rush.



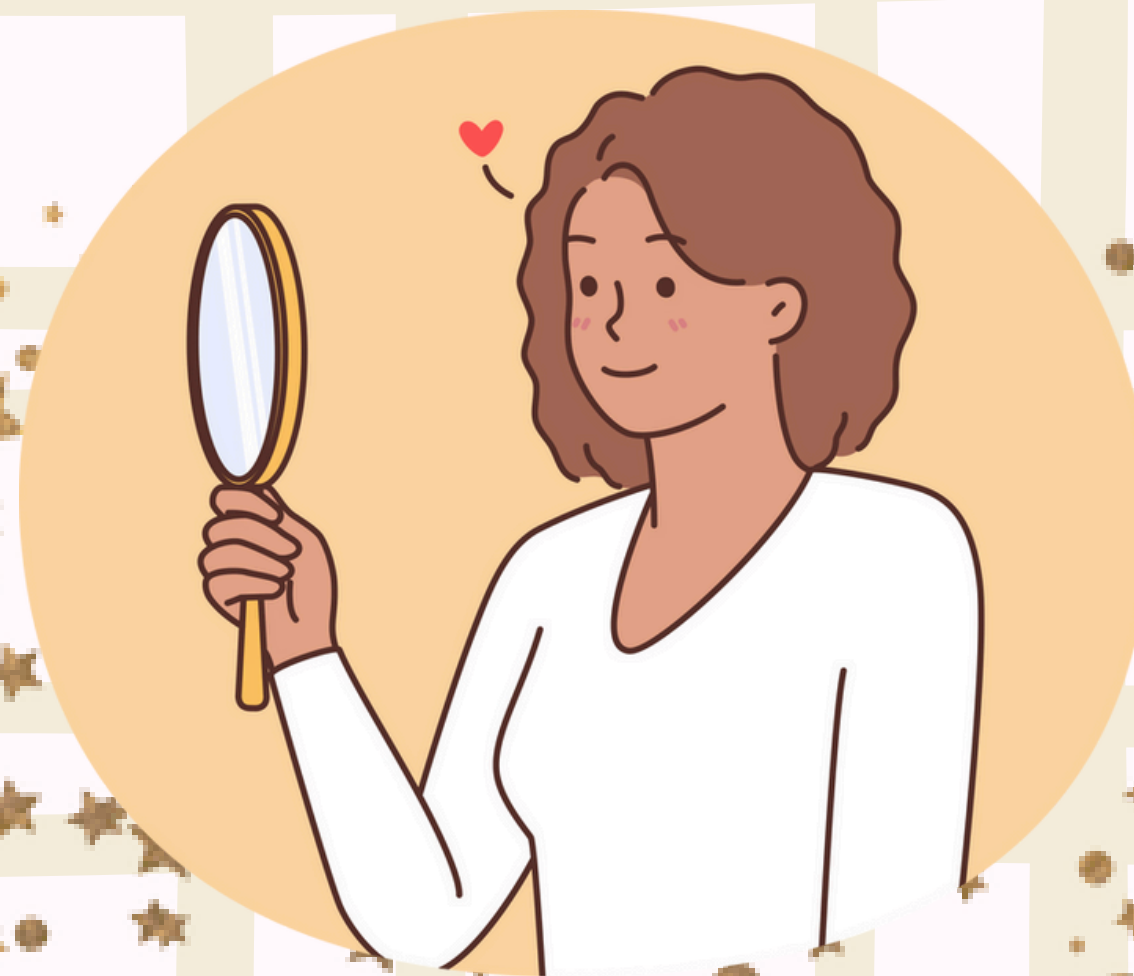
Don't forget that it's a process and you will not achieve it fast and easily. Don't be so hard on yourself, take it slowly and feel the pleasure of creating the better version of yourself.

Always remember why you wanted to change, don't give up!

It's also very important to know and use our good qualities. We shouldn't forget about them if we want to have a positive thought of ourselves.

Be better but appreciate who you are now!

by Martyna Ropel



MUSIC IN PEOPLE'S LIVES

We all know that music is such a big part of a human's life. That's why I don't understand why some people don't even listen to ANY music. It's even proven scientifically that music slows down the heart rate, lowers blood pressure, normalizes breathing and even relaxes muscles. How music affects our lives? It makes the journey to work more pleasant, takes you out of the autumn blues and helps you relax before bed.



The only thing we need to take care about is what genre of music is working on us this way. Not only listening to music but creating the music for some people is literally source of income. Personally I have played guitar and piano since I was 12 years old. At first I didn't even wanted to start my journey with music that way but after a while it became one of the biggest part of my life. I think a lot of young people listen to music to just separate from reality or to just take a break from their daily activities.

Some music is even proven to be improving intelligence like for example Mozart effect. Mozart effect is slight improvement in spatial skills and general intelligence caused by listening to pieces of baroque and classical music, especially Wolfgang Amadeus Mozart.

The effect is vanishingly small, giving an IQ improvement of less than 2 points and short-lived, dropping to zero after an hour at most. Many times even pregnant women play music for their babies because any type of music she will listen to increases the frequency of fetal movements, which increases as the tempo of the music increases childbirth and ensuring bonding with the baby during birth.



There's so many things that music can do for human life. I also read that singing is one of the best methods to improve your mood for the better and it doesn't really rely on your skills in singing. If you start singing whether you're good at it or not it will help you with strengthens our immune system and increases the secretion of endorphins and oxytocin (called the "cuddle hormone"). It has a beneficial effect on the respiratory system and there may be a risk of cardiac arrest. I was also attending singing class when I was in primary school and I need to tell you after so many years of being the most socially awkward child I became so much more confident in my life. To sum up, I think people who don't listen to music or don't want to have anything to do with it are really rare species in today's generation.



photos taken from Pixabay

INTERESTING HOLIDAY DESTINATIONS

There is not much time left until the holiday season starts, so if possible, it is worth thinking about where to go on holiday in the summer 2024. It is worth travelling and discovering new places, and holidays are an ideal opportunity not only to take a break from the daily routine, but also to get to know cultures that are unfamiliar to us. Some places are systematically gaining in popularity, attracting tourists with their unique atmosphere, culture and beautiful beaches. Every country has some worth visiting places, so before organising a trip, it would be good to check it out to be able to reach places you would like to see the most.

Holidays in Turkey have been at the top of the list of most popular summer destinations for many years and there is no sign that this trend is about to change. Its cultural, historical and natural beauty attracts tourists from all over the world, making it one of the ideal holiday destinations.



Tanzania can be a very interesting holiday destination. Visiting the Serengeti National Park we can observe wildlife, migrating herds of wild animals including the Big Five, i.e.: lion, elephant, black rhino, leopard and buffalo. Admiring the views is possible from Kilimanjaro (Africa's highest peak) which is located in Tanzania.

Greece, with its incredible range of landscapes, from wide beaches to historic ruins, is one of those places that offers more than just a traditional holiday. When we say the country, we are not only referring to the mainland, but also to all the surrounding islands like Crete, Rhodes and Mykonos. Each of these regions impresses with its unique character, from sandy beaches to mountainous areas. Great weather is another advantage - for most of the year the sun shines brightly there.



Cape Verde can also be an interesting holiday destination. There are many interesting tourist attractions there. For example, you can visit the Serra Malagueta National Park with its beautiful views of the mountains, see the various historic districts as well as spend time on the beach such as Santa Maria.



Source: [getyourguide.com](https://www.getyourguide.com)



Source: [voyage prive](https://www.voyageprive.com)



Source: [dove viaggi](https://www.doveviaggi.com)

Croatia, which has recently experienced a small decline in popularity as a holiday destination, still offers amazing landscapes, crystal clear waters and historic cities full of charm. It is an excellent alternative for those who want to discover new places without being too far from home. Spain, on the other hand, remains one of the best holiday destinations, offering both the cultural richness of the mainland and the unique charm of islands such as Mallorca and Ibiza. Italy also attracts visitors, not only through its artistic cities and excellent food, but also through its picturesque islands, including Sicily.

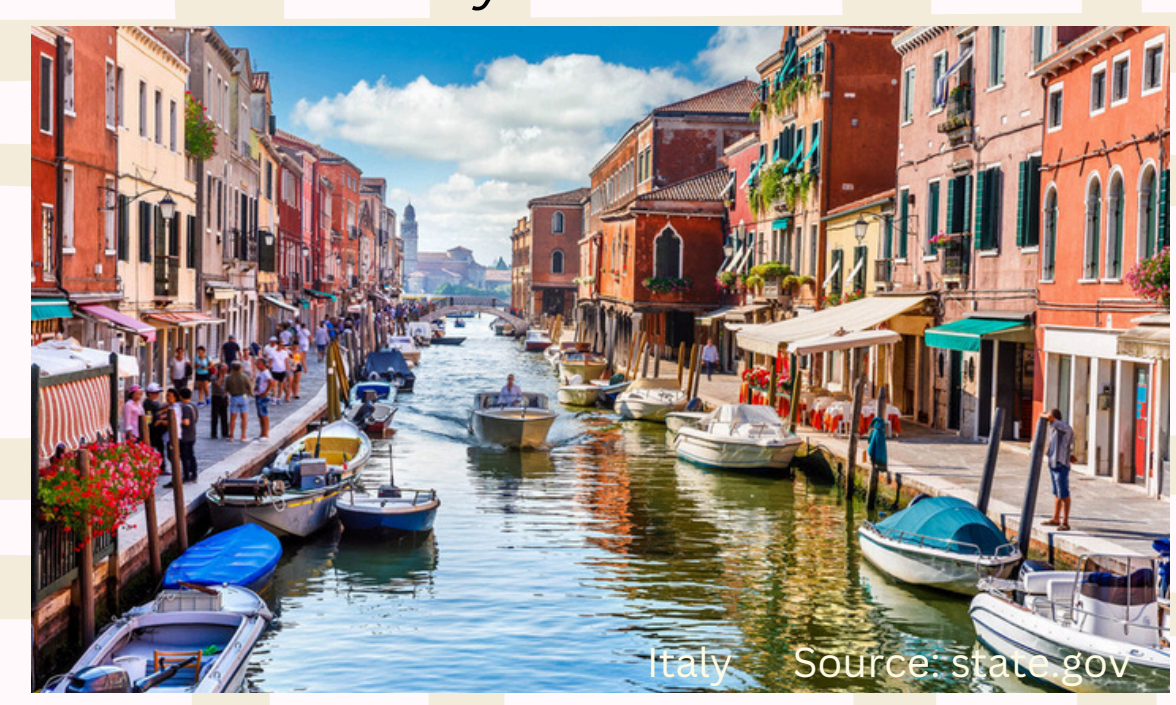
by Kamil Kot



Croatia Source: [itaka.pl](https://www.itaka.pl)



Spain Source: [natucate.com](https://www.natucate.com)




Italy Source: [state.gov](https://www.state.gov)

Arguments For a God's Existence

In a world where religion is slowly moving to the background, millions of people still zealously believe in a higher existence. It is generally considered that gods are an existence beyond logic that can only be worshipped as real through faith alone. However, there have been some amazing logical arguments created advocating for god's existence, even back in the mediaeval ages great thinkers like St Thomas Aquinas had multiple cards to play on the poker table of a god's existence. Today I will be exploring a couple (2) significant arguments for just that.

1. A very highly revered argument is one of the simplest. At the very core of logic there is a connotation of cause existing. Understandable stuff like: you wouldn't exist if your parents never met, or you wouldn't have bought that new pair of shoes if you didn't want them, or if you didn't have the money to do so. It is clear to everyone that everything has a cause. And so the cause of anything also needs to have a cause of its own. And that cause of the cause needs a cause too, and so on and so forth. At some point one must realise that if anything exists and everything has a cause, then at one point in time there must have been the first cause, the first thing to ever happen, and since that thing is the first thing ever to spring all other things into action it cannot have had a cause, as that would be implying that there was something that came before it. It is reasonable then, that this first thing is a higher existence that does not need a cause or is its own cause, a figure like that would hold great resemblance to a god.

2. An argument that is often brought up, is an argument of design. It is similar to the first argument, in ways. This argument implies that, since everything seems to have been created with a purpose and reasonable design to sustain its own existence, it couldn't possibly have happened by accident. For example, we humans can breathe, we have infinitely complex brains, we have lungs, a heart, a liver and a gigantic system of muscles, tendons, blood vessels and nerves. All of which are perfectly designed to keep us alive and more, make us thrive in our environments. Such a thing could be said about anything alive, a tree, a microscopic virus or bacteria, a bug or a frog. And all of it, in an environment of oxygen, land, water, all of it perfect for these lifeforms to live in. This argument implies that it is a far too complex ecosystem to have been created by accident, and if it was not created by accident then it was created with a purpose in mind, the question is: by whom? Many believe this original designer to be God himself.



And that is it, in terms of two among the most popular arguments for God's existence. However, as a dessert, I have a little special something for you if you find yourself still doubting God's existence.

It is commonly referred to as Pascal's wager. We have to decide whether we believe in God, so let's look at our options and their results carefully:

option 1: I don't believe in a god

For this option these are the results:

1. If God is real, and I haven't believed in him, I will go to a hell upon dying
2. If God isn't real and there is nothing after death, I lose nothing

option 2: I believe in the God

For this option these are the results

1. If God is real, and I have believed in him, I will go to heaven upon dying
2. If God isn't real and there is nothing after death, I lose nothing

Clearly one of these options contains a risk, and the other contains a reward, I will leave it to your judgement which option is more profitable :)

WHY BEES ARE SO IMPORTANT

It is often said that bees are responsible for every third spoonful of food that reaches our tables. This is amazing and it is not an exaggeration at all. The role of bees in the ecosystem is fundamental and unfortunately, still underestimated. We all know that thanks to bees we can eat delicious honey, but that's not all they do for us. Approximately 80% of cultivated plants require pollination to bear fruit. The main role in this is due to our well known honey bee.



Source: <https://eps.leeds.ac.uk/>

Bees populated our planet long before the existence of humans and still play a huge role in the entire ecosystem. They produce honey, which they are happy to share with humans, but their importance is far more than that. Albert Einstein said "If the bee disappeared off the face of the Earth, man would only have four years left to live". Although this is a rather courageous statement, the role of these insects shouldn't be underestimated.

There is a saying 'as busy as a bee' for a reason. Bees work constantly and share the results of this work with humans. Man gets not only honey from the bees, but also pollen, propolis or wax. We take almost every element of the hive's inside decoration to use later as food, cosmetics, an element of aromatherapy or part of some object (like beeswax candles). The existence of most of the world's plants depends on the work of bees. If they disappear, there would be a huge gap in the ecosystem even if humans became pollinators. Without bees, even more species would disappear and the human diet would become poor and very expensive. In other words, if bees become extinct, we face a massive ecological catastrophe. This is why it is so important to protect bees, as they are already threatened with extinction as a result of human's activity that is destructive to them.

In Poland the honeybee pollinates:

- about 50 species of crops,
- more than 50 species of vegetables,
- more than 50 species of medicinal plants and herbs,
- about 150 species of horticultural plants
- about 15 species of fruiting bushes and trees



Source: mountainvalleyhoney



Picture of my classmate - Aleksandra Siennicka (by her dad)

Trivia:

- Tens of thousands of bees live in a single hive
- The queen bees can live up to 5 years and lay around 3000 eggs per day
 - Bees communicate by dancing
- Bees need to visit around 4 million flowers to collect nectar for 1 kg of honey
- Beeswax was sometimes more expensive than gold, and even taxes were paid with it in past
- The ancients had a special relationship to bees and their products
- the Egyptians considered them to be the tears of the god Ra.

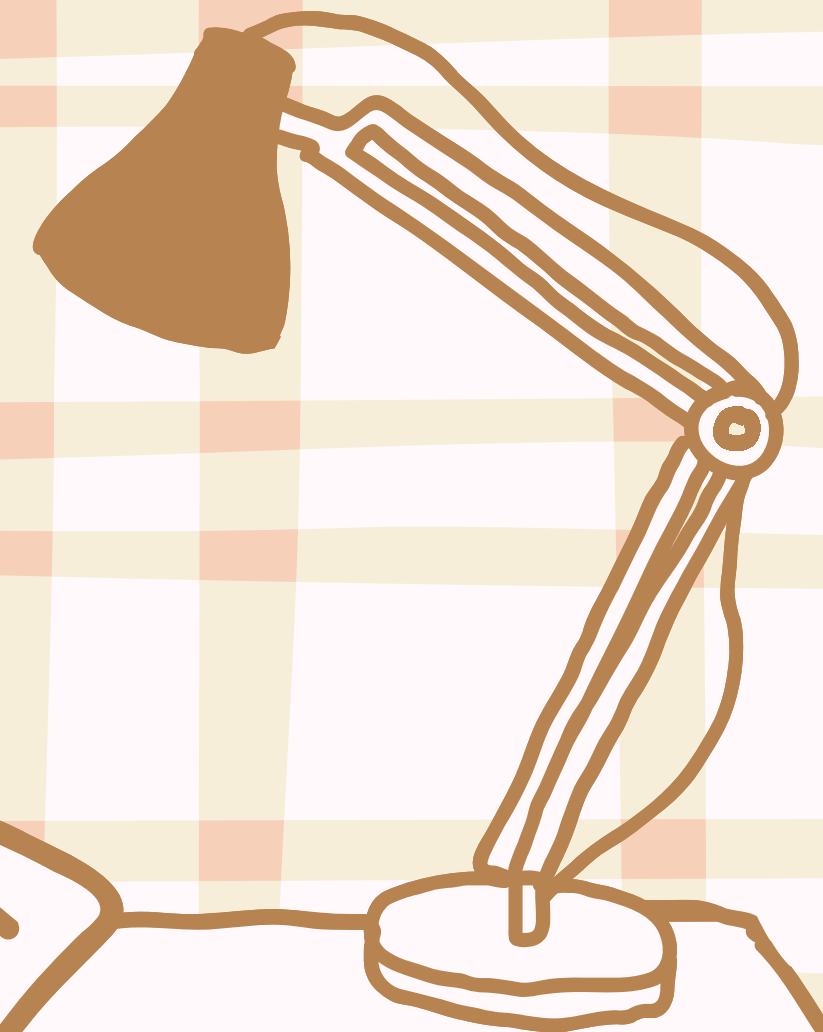
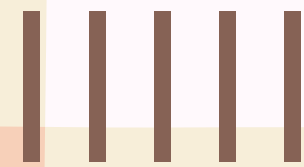
by Kamil Kot

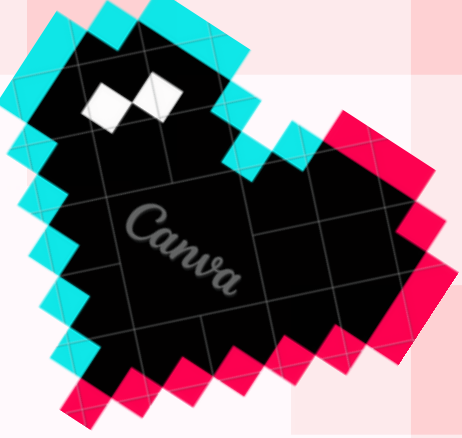
How does TikTok influence today's society?

Source: Google App Store

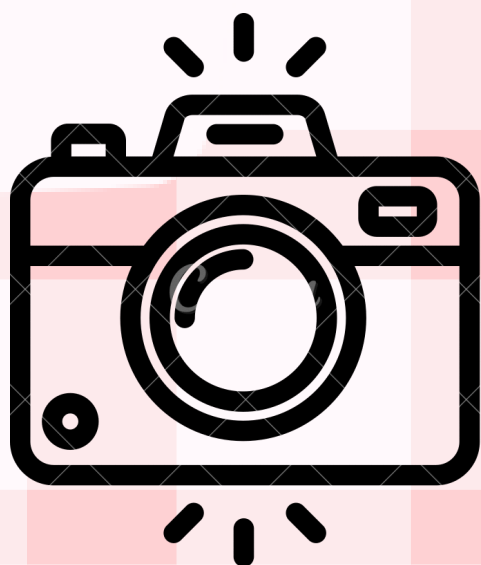


By Adrian
Łyczko





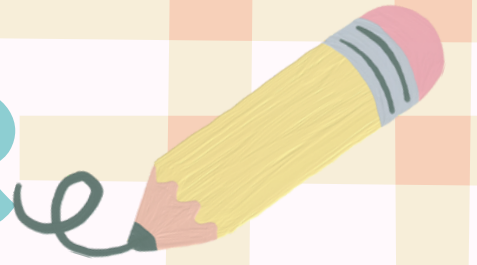
The world of social media platforms has been drastically overtaken by TikTok since 2018. Captivating users with its short but on-point video format, various challenges, and a way to gain rapid online popularity, it reaches 1 billion monthly users. With the recent decision from the USA Council to ban TikTok in America, concerns spark about whether the app is truly safe to use. While the app continues to inspire the younger generation, it remains a double-edged sword, having both good and bad impacts on the users.



The Positive influence



TikTok's positive influence



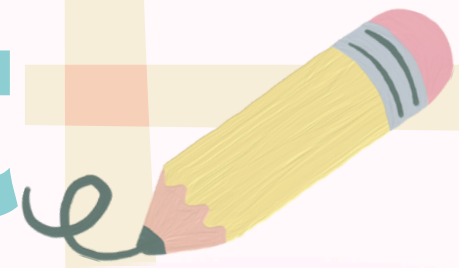
- 01** With its wide range of content, ranging from dances to comedy skits, the app greatly encourages others to spark creativity with new forms of content releasing each week
- 02** TikTok allows everyone to freely express themselves in various ways and experiment with different types of videos, as well as helping people find their inner talent
- 03** Easy access to all the platform's videos allows users to know about all the recent events around the world and be up-to-date with what's currently trending worldwide



The negative impact



The negative impact



- 01** TikTok's extensive data collection and potential security breaches leave many to wonder if TikTok is safe to use and if it isn't perhaps spyware in disguise. Those concerns are what led to the app being banned in a few countries.
- 02** The Social media algorithm's addictive nature can be extremely poisonous. This type of addiction can result in a cut-out from reality, poor sleep schedules, and a distraction from responsibilities.
- 03** Not all types of content will be appreciated by everyone, and in severe cases, it will lead to cyberbullying. Examples of those are insults, threats and even doxxing in very extreme cases.



By Adrian Łyczko, all pictures taken from Pixabay.com

How to stop arguing with your parents?

Are you someone who often argues with your parents? This article will tell you about the most common reasons for conflicts between parents and their teenage children, as well as ways to solve them.

First, let's talk about a situation that happens a lot: teenagers want a lot of freedom and do whatever they want, while their parents feel they need to control and protect them. It often leads to conflicts about things like coming home late or experimenting with their appearance and clothing style.

So, how do we find a golden mean? The best way to solve this problem is to have a talk where both sides share their arguments and counterarguments about the situation, and then make a decision together.

Let's talk more about communication concerning conflicts. Sometimes teenagers feel misunderstood by their parents, especially because they use modern language that parents might not understand. In these situations, it's important to show empathy to the listener and explain our point of view clearly.

To sum up, in every argument, it's important for both sides to be honest and respectful about how the others feel. When we find things we agree with and try to understand each other. It helps us get along better with our parents.



The death of
VINE

----- *By Adrian Łyczko* -----



Source: Google App Store

Source: pixabay.com



What's Vine?

Vine, an app known for its brief looping videos, captured our hearts during its popularity spike. Introduced in 2013, Vine rapidly became a worldwide sensation, sparking trends, creating internet stars, and providing countless unforgettable videos and moments. During its peak, Vine was a place of creativity and amusement, offering a range of content—from comedy skits and musical performances to breathtaking stop-motion animations. Its simplicity and briefness made it accessible to anyone with a smartphone and a funny bone, becoming a revolution in content creation.

What went wrong?

Despite its triumphs, Vine encountered obstacles that ultimately caused its downfall. Competition from social media platforms, leadership changes, and challenges with monetization all played a role in its downfall. In 2016, Twitter—Vine's parent company—announced the discontinuation of the platform, much to the disappointment of its community. The announcement of Vines' closure triggered a burst of nostalgia and gratitude from users who had grown fond of its appeal. Fans mourned the departure of their creators and cherished Vines that had become integral to internet culture.





Legacy

Even though Vine has disappeared, its legacy remains alive through the creators, comedians, and entertainers who launched their careers on the platform. Several ex-Viners have transitioned to thriving on social media sites, YouTube, and even in mainstream media, showcasing how Vines bite-sized content continues to leave an impact.

